

SPECIAL PROGRAMS

GREAT COURSES - HOW RAILROADS TRANSFORMED THE WORLD

Tuesdays @ 11am - Auditorium
(Friday, Aug 23rd @ 12:15pm)



A different kind of horsepower!! Climb aboard the amazing world of railroads and see how this invention transformed the world and changed human life.

Medical Alert Presentation by Trinity Health

Thursday, August 1st @ 3pm - Auditorium

Adrea McGowen, from Trinity Health Alert, will present a variety of medical alert systems, including phones and personal help buttons. She will also discuss the medication dispensers they offer.

Make Your Own Sundae on a Monday

Monday, August 5th @ 2pm-3pm - Auditorium

Hot summer days call for cool ice cream treats. Make your sundae and enjoy!



Coburg Chef Cooking Competition

Tuesday, August 20th @ 3pm - Auditorium

What will the Coburg chefs make with their mystery box of items??? Come find out!

CATERING SERVICES FOR EVERY OCCASION

Delight your guests with an exceptional culinary experience

Multiple rooms & Catering Menus available

- ✔ Birthday Parties
- ✔ Anniversary Celebrations
- ✔ Special Occasions
- ✔ Family Events

BOOK NOW



518.243.6341

Danielle Wagar
Dwagar@tfcn.org



Special Services



Massage Therapy
Shayne
518-810-3797

Tidy Up & Errands
by Leah
518-482-8636



Welcome New Neighbors

Donna Burbank	609
Evelyn DiCerbo	905
Judy Guenther	130
Barbara Reynolds	1213
Barbara Robinson	425
Sally Smith	1280
Ronald & Lois Wilson	1223

August Special Events

Thursday, August 1st @ 7pm-8pm - Music with Round Lake Heartstrings - Aud

Known for their enchanting melodies and soul-stirring arrangements. Their music transcends genres, effortlessly blending folk and classical influences and a sound that is uniquely their own.

Sunday, August 4th @ 4:30pm-6:40pm - Movie - Saratoga Trunk (1945) - Aud

An opportunistic Texas gambler (Gary Cooper) and the exiled daughter (Ingrid Bergman) of an aristocratic family join forces to achieve justice from the society that ostracized them.

Monday, August 5th @ 7pm-8pm - Music with Eileen Mack & Steve - Auditorium

They are always a hit! Guaranteed to get you singing along to songs we all know.

Tuesday, August 6th & Wednesday, August 7th @ 7pm-8:24pm (Parts 1 & 2)

Movie - The Horse Whisper (PG13 1989) - Auditorium

Starring Robert Redford. The mother of a severely traumatized daughter enlists the aid of a unique horse trainer to help the girl's equally injured horse. Robert Redford

Friday, August 9th @ 7pm-8pm - Music with Laura Collins - Auditorium

There's always a song in her heart and many from Broadway and beyond.


Saturday, August 10th @ 7pm-8:39pm - Movie - Barn Red (PG- 2004) - Auditorium

A farmer refuses to sell his family farm to a developer. With the help of a woman whose family once worked on the farm, he takes a stand to save his cherished land. Ernest Borgnine.

Tuesday, August 13th @ 7pm-8pm - Piano with Matthew Preston - Auditorium

Matt continues to spread his wings and treat our residents to a lovely night of piano.


Wednesday, August 14th @ 7pm-8:22pm - Documentary - Harry and Snowman - Aud

This is a Cinderella story of Dutch immigrant Harry DeLever and his friendship with Snowman, an Amish plow horse. Within three years they would win the triple crown of show jumping. 


Thursday, August 15th @ 7pm-8pm - Guitar with Jeff Gonzales - Auditorium

Jeff strings together the hits you know and love.

Friday, August 16th @ 7pm-8:52pm - Movie - All Roads Lead Home (PG 2020) - Aud

When Belle, struggling with the loss of her mom, is sent to live with her grandfather, she soon becomes the savior of all living things. An old racehorse and Atticus the dog change Belle's life and, in turn, the lives of those who love her. 

Sunday, August 18th @ 4:30pm-6:24pm - Movie - Mr. Hobbs Takes A Vacation (1962) - Auditorium

Starring Jimmy Stewart and Maureen O'Hara. Mr. Hobbs wants to spend a quiet holiday at the beach, but his wife has invited all their family to stay with them. Comedy 

Monday, August 19th @ 7pm - Music with Jill - Broadway Songs & Stories - Auditorium

Learn stories about some of the big hits on Broadway as Jill takes you on a musical journey.


Tuesday, August 20th @ 7pm-8pm - Horse Racing Fun with Rick & Tracey - Aud

Off to the races!! Bet on your favorite horse and see if you come out a winner!

Wednesday, August 21st @ 2:30pm-3:45pm - Off to the Races Happy Hour - Aud

Hats off to Coburg as we celebrate the horse racing season. Enjoy music and food that will have you in the winner's circle all afternoon.


Thursday, August 22nd @ 7pm-8:31pm - Movie - Painted Horses (PG13 2018) - Aud

A young teacher with a storied past must win over an impossible collection of kids and become a balm in a troubled town in need of healing. 


Friday, August 23rd @ 7pm-8pm - Music with RK Jazz & Blues - Auditorium

Ease on down to enjoy some great jazz & Blues tunes from this great group of ladies.

Saturday, August 24th @ 7pm-8:51pm - Movie - Onionhead - Auditorium

In 1941, an Oklahoma college graduate joins the US Coast Guard and serves as a cook. Comedy/Romance Andy Griffith 


Monday, August 26th @ 7pm-8:34pm - Movie - The Silver Brumby (G 1993) - Aud

A mother tells her daughter a fable about the prince of the brumbies (a term used for feral horses in Australia), who must find its place among its kind, and a man who tries to tame it. 



Tuesday, August 27th - Documentary - Triumph - Jessie Owens and the Berlin Olympics (2024) - Auditorium

Narrated by Don Cheadle, this documentary explores the dramatic tale of Owens' athletic dedication, perseverance and triumph over Hitler's Aryan supremacy agenda.

Wednesday, August 28th @ 7pm-9:02pm - Movie - Nyad (PG13- 2023) - Auditorium

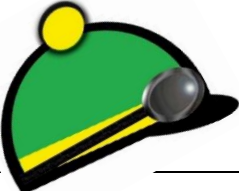








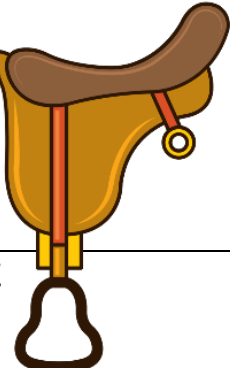






The true story of Diana Nyad who, at the age of sixty and with the help of her best friend, commits to achieving a 110-mile open ocean swim from Cuba to Florida. Jody Foster & Annette Bening 

Thursday, August 29th @ 7pm-8:52pm - Movie - Unsung Hero (PG- 2024) - Auditorium

The dramatic, true story of an immigrant mum and her family. One family's journey from Down Under to the center stage.  

COBURG August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Abbreviations: CC: Creative Corner Aud: Auditorium Ch: Chapel CDR- Club Dining Room CY: Courtyard CR: Card Room DR: Dining Room-46 & Birch FR- Fitness Room RT- Routunda</p>	<p><i>*Programs Subject to Change</i> FREE POPCORN NIGHT</p>  <div data-bbox="596 362 1081 604" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Changes & Update Line Ext. 6497 For last minute changes to programs/events</p>  </div>		<div data-bbox="1227 211 1787 624" style="text-align: center;"> <p>Resident/Family</p>  <p>Variety SHOW</p> <p>October 18th Sign up Forms available in September</p> </div>	<div data-bbox="1833 211 2377 635" style="text-align: center;">  <p>Coburg Village Football Pickems</p> <p>Information available August 15th</p> </div>	<div data-bbox="2424 211 2999 635" style="border: 1px solid black; padding: 5px;"> <p>Chaperone Swim</p>  <p>Mondays- 2pm-3pm Wednesdays- 9:45am-10:45am Fridays- 11am-Noon</p> <p>BY APPOINTMENT ONLY. MUST CALL BY 9:15AM THE DAY OF DESIRED *NO Holidays</p> <p>CALL EXT. 6314</p> </div>	
		<div data-bbox="1243 695 1787 1300" style="text-align: center;">   </div>		<p>1 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Rosary-Ch 12pm Chair Volleyball-Aud 1:30pm Brian's Fitness-Aud</p> <p>3pm Medical Alert Presentation by Trinity Health-Aud</p> <p>7pm All Games-CR</p> <p>7pm Music with Round Lake Heart Strings-Aud</p>	<p>2 POOL CLOSSES AT 12:30PM</p> <p>NO Chaperone Swim 11am</p> <p>11am Ball w/ Lorraine-Aud 12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud</p> <p>2:15pm Wii Bowling 3pm Piano with George -Rotunda</p> <p>7pm All Games-CR</p> 	<p>3 7pm All Games-CR</p>
<p>4 10:30am Christian Non-Denominational Worship with Communion Pastor Singh</p> <p>2pm Resident Bingo-CR</p> <p>4:30pm Movie-Saratoga Trunk -Aud</p> 	<p>5 9:30am Val's Water Aerobics 11am Val's Fitness-Aud 12pm Chair Volleyball-Aud 1pm Diamond Art-CC 1pm Val's Balance-Aud 1:30pm Canasta-CR</p> <p>2PM-3PM Make Your Own Sundae on a Monday! -Auditorium</p>  <p>7pm All Games-CR</p> <p>7pm Music with Eileen Mack & Steve-Aud</p>	<p>6 11am Great Courses-The Idea of Railways and British Railway Pioneers-Aud</p> <p>12:30pm Brian's Water Aerobics 1-3pm Sewing Together-CC 1:30pm Brian's Fitness-Aud 2pm Rummikub-CR 2pm Bocce-CY 7pm All Games-CR</p> <p>7pm Movie(Pt1)-The Horse Whisperer-Aud</p> 	<p>7 11am Val's Fitness-Aud Back 12pm Val's Balance-Aud 12pm Episcopal Service-Ch 12:45pm Ball w/ Lorraine-Aud 1-3pm Knitting/Crocheting-CC 1:30pm Lorraine's Sit & Fit-Aud 2pm Lorraine's Hand Class-CC</p> <p>7pm Pinochle & Bridge-CR</p> <p>7pm Movie(pt2)-The Horse Whisperer-Aud</p>  	<p>8 10am Val's Drumfit-Aud 10:30am Brian's Water Aerobics 11am Val's Sit/Stand Yoga-Aud 11am Biblical Reading, Writing w/ Shirley-CR</p> <p>11am Rosary-Ch 12pm Chair Volleyball-Aud 1:30pm Brian's Fitness-Aud</p> <p>2pm Blood Pressure Clinic-RT</p> <p>2:30pm Book Club-CR 7pm All Games-CR</p>	<p>9 POOL CLOSSES AT 12:30PM</p> <p>NO Chaperone Swim 11am</p> <p>11am Ball w/ Lorraine-Aud 11am Conversations w/ Rabbi Amiel-Ch</p> <p>12pm Lorraine's Hand Class-CC 1pm Bridge-CR 1:30pm Lorraine's Sit & Fit-Aud 2:15pm Wii Bowling 3:15pm Piano with George -AUDITORIUM</p> <p>7pm All Games-CR</p> <p>7pm Music Laura Collins-Aud</p>	<p>10 7pm All Games-CR</p> <p>7pm Movie-Barn Red -Aud</p>  

<p>11 Sun</p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glen</p> <p>2pm Resident Bingo</p> 	<p>12 Mon</p> <p>NO Chaperone Swim</p> <p>9:30am Water Aerobics with Lisa</p> <p>11am Fitness with Lisa-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art-CC</p> <p>1pm Balance with Lisa-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Mind Fitness w/Lorraine-CC</p> <p>7pm All Games-CR</p>	<p>13 Tues</p> <p>NO 11am Great Courses</p> <p>11am Methodist Service-Ch</p> <p>12:30pm Brian's Water Aerobics</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Brian's Fitness-Aud</p> <p>No 2pm Rummikub-CR</p> <p>2pm Recreational Writers-CR</p> <p>2pm Bocce-CY</p> <p>7pm All Games-CR</p> <p>7pm Piano with Matthew Preston-Aud</p>	<p>14 Wed</p> <p>NO Chaperone Swim</p> <p>11am Val's Fitness-Aud Back</p> <p>12pm Val's Balance-Aud</p> <p>12pm Episcopal Service-Ch</p> <p>12:45pm Ball w/ Lorraine-Aud</p> <p>12:45pm Fitness Room Intro-FR</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Lorraine's Hand Class-CC</p> <p>7pm Pinochle & Bridge-CR</p> <p>7pm Documentary-Harry & Snowman -Aud </p>	<p>15 Thurs</p> <p>10am Val's Drumfit-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Val's Sit/Stand Yoga-Aud</p> <p>11am Rosary-Ch</p> <p>11am Biblical Reading, Writing w/ Shirley-CR</p> <p>NO 12pm Chair Volleyball-Aud</p> <p>1:30pm Brian's Fitness-Aud</p> <p>2:15pm Catholic/Prayer Service w/ St. Mary's-Ch</p> <p>7pm All Games-CR</p> <p>7pm Music with Jeff Gonzales-Aud</p>	<p>16 Fri</p> <p>POOL CLOSSES AT 12:30PM</p> <p>NO Chaperone Swim 11am</p> <p>11am Ball w/ Lorraine-Aud</p> <p>12pm Lorraine's Hand Class-CC</p> <p>1pm Bridge-CR</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2:15pm Wii Bowling-Aud</p> <p>3pm Piano with George -Rotunda</p> <p>7pm All Games-CR</p> <p> 7pm Movie-All Roads Lead Home-Aud </p>	<p>17 Sat</p> <p>7pm All Games</p>
<p>18</p> <p>10:30am Christian Non-Denominational Worship with Communion Pastor Singh</p> <p>2pm Resident Led Bingo-CR</p> <p>4:30pm Movie-Mr. Hobbs Takes a Vacation-Aud </p>	<p>19</p> <p>9:30am Water Aerobics with Lisa</p> <p>11am Fitness with Lisa-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art-CC</p> <p>1pm Balance with Lisa-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Buddy Committee-CDR</p> <p>7pm All Games-CR</p> <p>7pm The Songs & Stories of Broadway with Jill-Aud</p>	<p>20</p> <p>11am Great Courses-First U.S. European Railways-Aud</p> <p>12:30pm Brian's Water Aerobics</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Brian's Fitness-Aud</p> <p>2pm Rummikub-CR</p> <p>2pm Bocce-CY</p> <p>7pm All Games-CR</p> <p>3pm Coburg Chef Competition-Auditorium</p> <p>7pm Horse Racing Fun with Rick & Tracey-Aud </p>	<p>21</p> <p>NO FITNESS CLASSES</p> <p>12pm Episcopal Service-Ch</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>Horse Racing Happy Hour 2:30-3:45pm -Aud</p>  <p>7pm Pinochle & Bridge-CR</p>	<p>22</p> <p>10am Val's Drumfit-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Val's Sit/Stand Yoga-Aud</p> <p>11am Rosary-Ch</p> <p>11am Biblical Reading, Writing w/ Shirley-CR</p> <p>12pm Chair Volleyball-Aud</p> <p>1:30pm Brian's Fitness-Aud</p> <p>7pm All Games-CR</p> <p> 7pm Movie- Painted Horses-Aud </p>	<p>23 POOL CLOSSES AT 12:30PM</p> <p>11am Ball w/ Lorraine-Aud</p> <p>12pm Lorraine's Hand Class-CC</p> <p>12:15pm-1:15pm Great Courses-Transcontinental Railroad and Colonialism-Aud</p> <p>1pm Bridge-CR</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2:15pm Wii Bowling-Aud</p> <p>3pm Piano with George -Rotunda</p> <p>7pm All Games-CR</p> <p>7pm Music with RK Jazz & Blues-Aud</p>	<p>24</p> <p>7pm All Games-CR</p> <p>7pm Movie-Onionhead -Aud</p> 
<p>25</p> <p>10:30am Christian Non-Denominational Worship with Communion Deacon Glen</p> <p>2pm Resident Bingo</p> 	<p>26</p> <p>9:30am Val's Water Aerobics</p> <p>11am Val's Fitness-Aud</p> <p>12pm Chair Volleyball-Aud</p> <p>1pm Diamond Art-CC</p> <p>1pm Val's Balance-Aud</p> <p>1:30pm Canasta-CR</p> <p>2pm Mind Fitness w/Lorraine-CC</p> <p>7pm All Games-CR</p> <p>7pm Movie-The Silver Brumby-Aud </p>	<p>27 11am Great Courses-Challenges and Two Wars-Aud</p> <p>12:30pm Brian's Water Aerobics</p> <p>1-3pm Sewing Together-CC</p> <p>1:30pm Brian's Fitness-Aud</p> <p>2pm Rummikub-CR</p> <p>2pm Catholic Mass with St. Edward's-Ch</p> <p>2pm Bocce-CY</p> <p>7pm All Games-CR</p> <p>7pm Documentary-Jesse Owens & the Berlin Olympics-Aud </p>	<p>28</p> <p>10:45am Parashat Hashavua-Ch</p> <p>11am Val's Fitness-Aud Back</p> <p>12pm Val's Balance-Aud</p> <p>12pm Episcopal Service-Ch</p> <p>12:45pm Ball w/ Lorraine-Aud</p> <p>12:45pm Fitness Room Intro-FR</p> <p>1-3pm Knitting/Crocheting-CC</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2pm Lorraine's Hand Class-CC</p> <p>7pm Pinochle & Bridge-CR</p> <p> 7pm Movie-Nyad-Aud </p>	<p>29 9am-12pm Optometry w/Dr Braim 518-859-3936-CR</p> <p>10am Val's Drumfit-Aud</p> <p>10:30am Brian's Water Aerobics</p> <p>11am Val's Sit/Stand Yoga-Aud</p> <p>11am Rosary-Ch</p> <p>11am Biblical Reading, Writing w/ Shirley-CR</p> <p>12pm Chair Volleyball-Aud</p> <p>1:30pm Brian's Fitness-Aud</p> <p>7pm All Games-CR</p> <p>7pm Movie-Unsung Hero-Aud </p>	<p>30 POOL CLOSSES AT 12:30PM</p> <p>NO Chaperone Swim 11am</p> <p>11am Ball w/ Lorraine-Aud</p> <p>11am Shabbat Services-Ch</p> <p>12pm Lorraine's Hand Class-CC</p> <p>1pm Bridge-CR</p> <p>1:30pm Lorraine's Sit & Fit-Aud</p> <p>2:15pm Wii Bowling-Aud</p> <p>2:30pm Executive Council CC</p> <p>3pm Piano with George -Rotunda</p> <p>7pm All Games-CR</p>	<p>31</p> <p>7pm All Games</p>