

## SPECIAL PROGRAMS

### BLACK HISTORY MONTH

#### GREAT COURSES-

#### AFRICAN-AMERICAN HISTORY: FROM EMANCIPATION THROUGH JIM CROW

Tuesdays @ 11am-12pm & Fridays 12pm-1pm (see calendar) - Auditorium

This series reveals the historical realities of African American life in the United States after the end of slavery and before the rise of the Civil Rights Movement and explore how African-Americans from all backgrounds fought back.



#### SUPER BOWL PARTY

Sunday, February 9<sup>th</sup> @ 6pm - Auditorium



The game starts at 6:30pm. Light snacks and soft drinks supplied. Feel free to bring your own adult beverages and any snacks.

#### GREAT DECISIONS - FOREIGN POLICY ASSOCIATION

Mondays beginning Feb. 10<sup>th</sup> @ 10:30am - Club Dining Room

YOU MUST BE REGISTERED TO ATTEND. Please reach out to Barry (ext. 5824). This program provides background information and policy options for the eight most critical issues facing America each year. The class runs eight weeks. Max. 28 participants.

#### HEALTHY LIVING FOR YOUR BRAIN AND BODY - TIPS FROM THE LATEST RESEARCH - PRESENTED BY THE ALZHEIMER'S ASSOCIATION

Wednesday, February 19<sup>th</sup> @ 3-4pm - Auditorium

Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement and their connection with brain and body health. Use hands-on tools to help you incorporate research-based recommendations into a plan for healthy aging.

#### GIRL SCOUT COOKIE SALES BY TROOP 2429

Wednesday, February 19<sup>th</sup> @ 3:30pm-6pm - Rotunda

Don't let your favorite cookie slip by. Cash or credit card.



#### FOOD FORUM WITH DANIELLE

Thursday, February 20<sup>th</sup> @ 3pm - Auditorium



Join Danielle and learn about upcoming dining and food service news.

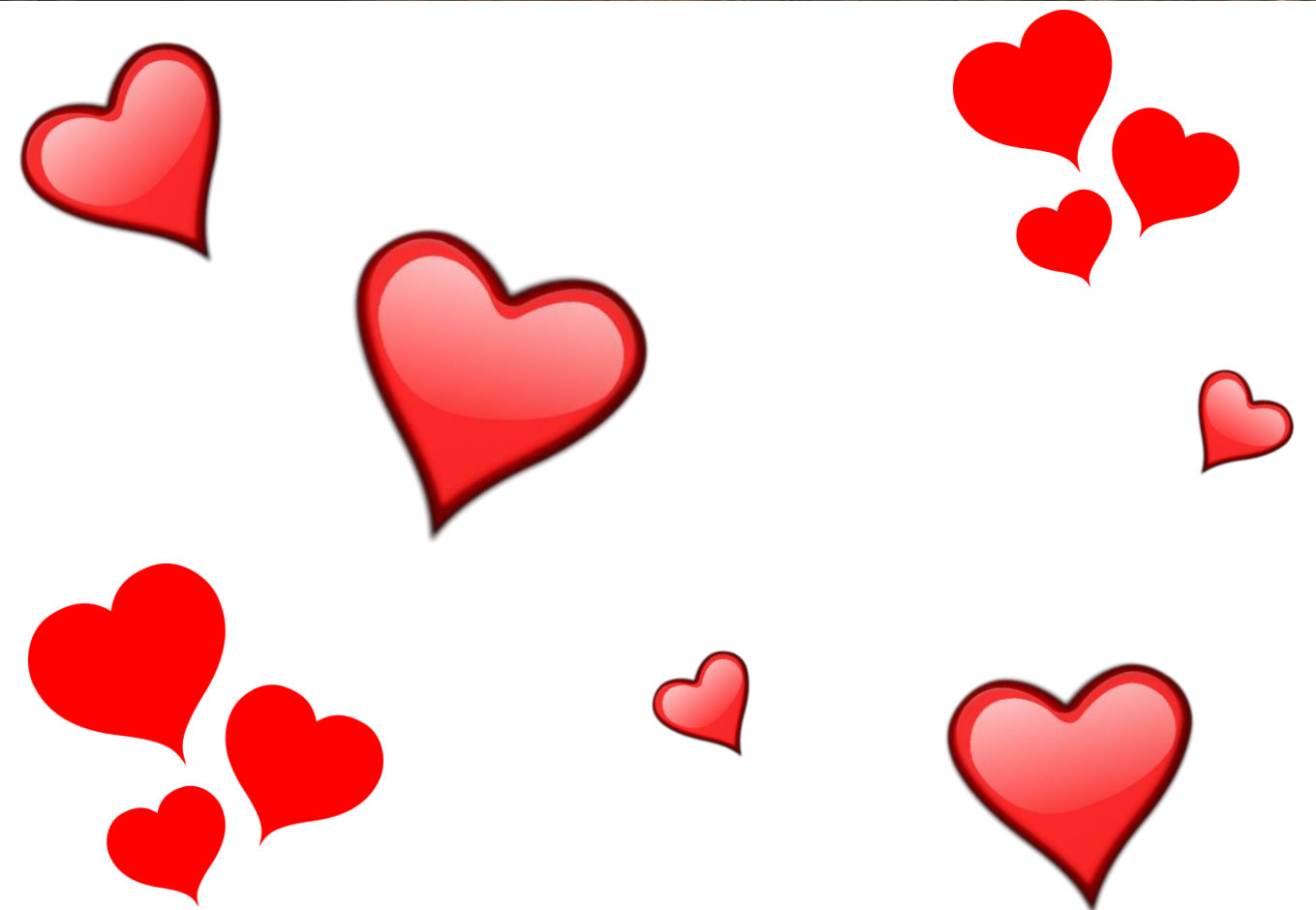


#### TECH TIME WITH JIM

Friday, February 28<sup>th</sup> @ 10am Creative Corner

Need help and have questions about your phone or computer? Jim is the man!!!


	<b>Special Services</b>	
Massage Therapy Shayne 518-810-3797		Tidy Up & Errands by Leah 518-482-8636





# February Special Events

## Sunday, February 2<sup>nd</sup> @ 4:30pm-6:55pm - Musical - Oklahoma (1955 PG) - Aud

In Oklahoma, several farmers, cowboys, and a traveling salesman compete for the romantic interest of various local ladies. Stars Gordon MacRae, Gloria Grahame, & Gene Nelson. 


## Monday, February 3<sup>rd</sup> @ 7pm-8:42pm - Movie - The Man from Snowy River (1982 PG) - Auditorium

In 1880s Australia, after young Jim Craig's father dies, Jim takes a job at the Harrison cattle ranch, where he is forced to become a man. Stars Kirk Douglas, Tom Burlinson, & Terence Donovan.

## Tuesday, February 4<sup>th</sup> @ 7pm-8pm - Music with The Young Winchesters - Auditorium

Classic old tunes to get your hands clapping and your feet tapping!!!

## Friday, February 7<sup>th</sup> @ 7pm-8:36pm - Movie - It Had to Be You (2000 PG) - Aud

Two strangers meet, and sparks fly during the weekend that they are planning their respective weddings. Stars Natasha Henstridge, Michael Vartan, & Michael Rispoli. 

## Saturday, February 8<sup>th</sup> @ 7pm-8:42pm - Movie - Seven Brides for Seven Brothers (1954 PG) - Auditorium

When a backwoodsman in 1850s Oregon brings a wife home to his farm, his six brothers decide that they want to get married, too. Stars Jane Powell, Howard Keel, & Jeff Richards.

## Monday, February 10<sup>th</sup> @ 7pm-8pm - Game Night - The Not-So-Newlywed Game - Auditorium

We take three couples from Coburg and see how much they really know about each other.

## Tuesday, February 11<sup>th</sup> @ 7pm-8pm - Music with Eileen Mack & Steve - Auditorium

Eileen and Steve are true entertainers! Enjoy Broadway songs and more!!!!

## Wednesday, February 12<sup>th</sup> @ 2:30pm-3:45pm - A Country Lovin' Happy Hour - Aud


A little bit country plus a little bit of valentines, which equals a country lovin' time for all!!!  
Kick up your heels with music from the Blue Billies!

## Thursday, February 13<sup>th</sup> @ 7pm-8pm - Music with Lost Radio Rounders - Love Struck - Auditorium

Songs about relationships gone right, relationships gone wrong, and everything in-between.



## Sunday, February 16<sup>th</sup> @ 4:30pm-6:21pm - Musical - Annie Get Your Gun (1950) - Aud

The story of the great sharpshooter Annie Oakley, who rose to fame while dealing with her love/professional rival, Frank Butler. Featured songs: *There's No Business Like Show Business* & *Anything You Can Do*. Stars Betty Hutton, Howard Keel, & Louis Calhern. 


## Tuesday, February 18<sup>th</sup> @ 7:00pm-9:13pm - Movie - Movie - Open Range (2003) Aud

A simple life for one isn't as simple for a former gunslinger. Forced to protect his cattle, will he lose his love? Stars Kevin Costner, Robert Duvall, & Diego Luna

## Wednesday, February 19<sup>th</sup> @ 7:00pm-8pm - Music with Capitaland Chorus - Aud

Capitaland Chorus of Albany, NY, under the direction of Sue Koppenhaver, is a women's barbershop chorus and an award-winning chapter. They are dedicated to the art of four-part barbershop a cappella singing.

## Thursday, February 20<sup>th</sup> @ 7:00pm-8pm - Game Night with Tracey & Rick - Battle of the Sexes - Auditorium

Men versus women in this head-to-head fun trivia, games, and more night. Who will win the battle with bragging rights for the month????? 


## Friday, February 21<sup>st</sup> @ 7:00pm-9:07pm - Movie - Six Triple Eight (2024 PG13) - Aud

During World War II, 855 women joined the fight to fix the three-year backlog of undelivered mail. Faced with discrimination, they completed their mission. Stars Kerry Washington & Ebony Obsidian.

## Monday, February 24<sup>th</sup> @ 7pm-8pm - Presentation - Dudley Observatory - Dr. Mindy - Mercury - Auditorium

Mercury, Messenger of the Gods - Mercury is hot, dense, and inhospitable. Few space craft have been sent to study Mercury, but those few shed light on this rocky planet.


## Tuesday, February 25<sup>th</sup> @ 7:00pm-9pm - Movie - Conclave (2024 PG) - Auditorium

When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the center of a conspiracy that could shake the very foundation of the Catholic Church. Stars Ralph Fiennes, Stanley Tucci, & John Lithgow. 

## Wednesday, February 26<sup>th</sup> @ 7:00pm-8pm - Music with the Back Porch Players - Aud

The gang is back, bringing music from the back porch to the front auditorium.

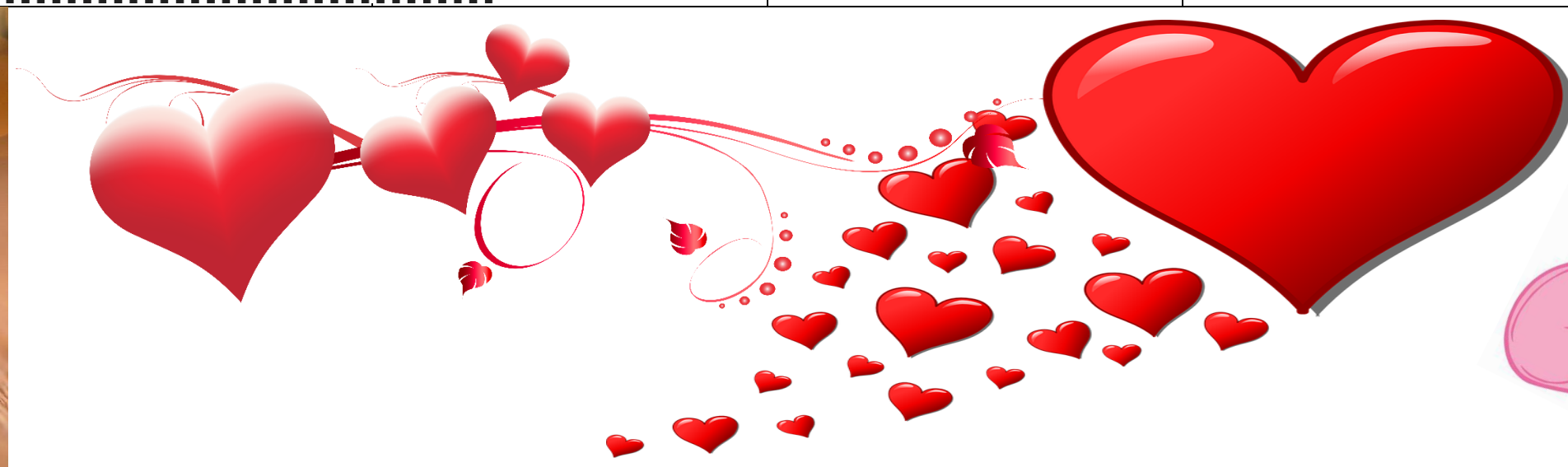
## Friday, February 28<sup>th</sup> @ 7:00pm-8:36pm - Documentary - The Greatest Night in Pop - Auditorium

On January 28th, 1985, dozens of the era's most popular musicians gathered in Los Angeles to record a charity single for African famine relief, "We Are the World." 

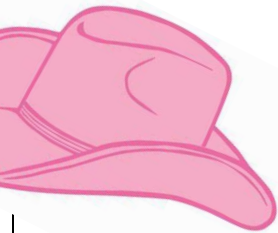


February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Room Abbreviations:</b>  <b>CC:</b> Creative Corner  <b>Aud:</b> Auditorium  <b>Ch:</b> Chapel  <b>CDR-</b> Club Dining Room  <b>CY:</b> Courtyard  <b>CR:</b> Card Room  <b>DR:</b> Dining Room-46 &amp; B  <b>FR-</b> Fitness Room  <b>RT-</b> Rotunda</p>	<p>*Programs Subject to Change  <b>FREE POPCORN NIGHT</b></p>  <p><b>Changes &amp; Update Line</b>  <b>Ext. 6497</b>          For last minute changes to programs/events</p> 	 <p>Sunday, February 9th 6pm          (Game Starts at 6:30pm)          Auditorium</p> <p>Light snacks &amp; drinks supplied          Bring your own adult beverage and snacks</p>	<p><b>Diamond Art Intro</b></p> <p>Learn Diamond art.          We supply your first project</p>  <p><b>MONDAY, FEB. 3RD</b>  <b>1PM</b>  <b>CREATIVE CORNER</b></p>	<p><b>Chaperone Swim</b></p> <p>Mondays- 2pm-3pm          Wednesdays- 9:45am-10:45am          Fridays- 11am-Noon</p> <p>BY APPOINTMENT ONLY. MUST CALL BY 9:15AM          THE DAY OF DESIRED *NO Holidays</p> <p><b>CALL EXT. 6314</b></p>		




**1**  
 7pm All Games-CR



**2**  
 10:30am Christian Non-Denominational Worship with Communion  
 Pastor Singh

2pm Resident Bingo-CR

**4:30pm Movie- Oklahoma -Aud**



**3**  
 9:30am Val's Water Aerobics  
 11am Val's Fitness-Aud  
 12pm Chair Volleyball-Aud  
 1pm Diamond Art-CC

**1pm Diamond Art Intro-CC**

1pm Val's Balance-Aud  
 1:30pm Canasta-CR

**2:30pm Coburg Cruise Prep Meeting-Aud**

7pm All Games-CR

**7pm Movie-The Man from Snowy River-Aud**

**4**  
**11am Great Courses- Emancipation & The Promise- Aud**

12:30pm Brian's Water Aerobics  
 1-3pm Sewing Together- Pillowcase Project-CC

1:30pm Brian's Fitness-Aud  
 2pm Rummikub-CR

2:30pm Cornhole-Aud

7pm All Games-CR

**7pm Music with The Young Winchesters-Aud**

**5**  
 11am Val's Fitness-Aud  
 12pm Val's Balance-Aud  
 12pm Episcopal Service-Ch

12:45pm Ball w/ Lorraine-Aud  
 1-3pm Knitting/Crocheting-CC  
 1:30pm Lorraine's Sit and Fit -Aud

**12:45pm Fitness Room Intro w/ Val- FR**

2pm Hand Class-CC  
 2pm Village Ringers-Ch

**2:30pm Social Tea -Aud**



7pm Pinochle & Bridge-CR

**6**  
 10am Val's Drumfit-Aud  
 10:25am Val's Low Impact Aerobics-Aud

10:30am Brian's Water Aerobics  
 11am Val's Sit/Stand Yoga-Aud  
 11am Rosary-Ch

12pm Chair Volleyball-Aud  
 1pm Bible Study-CR  
 1:30pm Brian's Fitness-Aud

**2pm Blood Pressure Clinic- RT**

**NO 3pm Choraliers-Ch**

7pm All Games-CR

**7pm Resident Association Meeting-Aud**

**7 POOL CLOSSES AT 12:30PM**


11am Ball w/ Lorraine-Aud

**12pm-Great Courses-Jim Crow and Voices Lifting -Aud**


12pm Lorraine's Hand Class-CC  
 1pm Bridge-CR  
 1:30pm Lorraine's Sit & Fit-Aud  
 2:15pm Wii Bowling-Aud  
 7pm All Games-CR

**7pm Movie- It Had to Be You-Aud**


**8**



**7pm Movie-Seven Brides for Seven Brothers-Aud**



7pm All Games-CR





<p><b>9 Sun</b>                  10:30am Christian Non-Denominational Worship with Communion Deacon Glenn                  2pm Resident Bingo -CR  <b>6pm Super Bowl Party -Aud</b>  </p>	<p><b>10 Mon</b>                  9:30am Val's Water Aerobics                  10:30am Great Decisions-Cross Roads-CDR                  11am Val's Fitness-Aud                  12pm Chair Volleyball-Aud                  1pm Diamond Art-CC                  1pm Val's Balance-Aud                  1:30pm Canasta-CR                  2pm Mind Fitness-CC                  3pm Parkinson's Group-CC                  7pm All Games-CR  <b>7pm Game Night-The Not-So-Newlywed Game-Aud</b></p>	<p><b>11 Tues</b>                  11am Methodist Service-Ch  <b>11am Great Courses-White Supremacy &amp; WWI-Aud</b>                  12:30pm Brian's Water Aerobics                  1-3pm Sewing Together-CC                  1:30pm Brian's Fitness-Aud                  No 2pm Rummikub-CR                  2pm Recreational Writers-CR                  2:30pm Cornhole-Aud                  7pm All Games-CR  <b>7pm Music with Eileen Mack &amp; Steve-Aud</b></p>	<p><b>12 Wed</b>  <b>No Fitness Classes</b>                  12pm Episcopal Service-Ch                  1-3pm Knitting/Crocheting-CC                  2pm Village Ringers-Ch                  7pm Pinochle &amp; Bridge-CR  <b>2:30pm -3:45pm Country Lovin Happy Hour</b>  </p>	<p><b>13 Thurs</b>                  10am Val's Drumfit-Aud                  10:25am Val's Low Impact Aud                  10:30am Brian's Water Aerobics                  11am Val's Sit/Stand Yoga-Aud                  11am Rosary-Ch                  12pm Chair Volleyball-Aud                  1pm Bible Study-CR                  1:30pm Brian's Fitness-Aud                  2:30pm Book Club-CR  <del>NO 3pm Choraliers-Ch</del>                  7pm All Games-CR  <b>7pm Music with Lost Radio Rounders-Love Struck-Aud</b></p>	<p><b>14 Fri</b>  <b>POOL CLOSSES AT 12:30PM</b>                  11am Ball w/ Lorraine-Aud  <b>11am Conversations w/ Rabbi Amiel-Ch</b>  <b>12pm Great Courses-Marcus Garvey &amp; Fighting Back-Aud</b>                  12pm Lorraine's Hand Class-CC                  1pm Bridge-CR                  1:30pm Lorraine's Sit &amp; Fit-Aud                  2:15pm Wii Bowling-Aud                  7pm All Games-CR</p>	<p><b>15 Sat</b>                  9am-12pm Optometry w/ Dr. Braim by appointment                  518-859-3936-CR                  7pm All Games-CR  </p>
<p><b>16</b>                  10:30am Christian Non-Denominational Worship with Communion Deacon Glenn                  2pm Resident Bingo-CR  <b>4:30pm Movie-Annie Get Your Gun-Aud</b>  </p>	<p><b>17</b>    <b>HAPPY PRESIDENT'S DAY</b>                  10:30am Great Decisions-Leadership Evolution-CDR                  1:30pm Canasta-CR                  2pm Buddy Committee-CDR  <b>2pm 1935ers 90<sup>th</sup> Birthday-CC</b>                  7pm All Games-CR</p>	<p><b>18</b>  <b>11:30am Pickem's Football Tailgate Party-CDR (For Pick'ems Participants)</b>                  12:30pm Brian's Water Aerobics                  1-3pm Sewing Together-CC                  1:30pm Brian's Fitness-Aud                  2pm Rummikub-CR                  2:30pm Cornhole-Aud                  7pm All Games-CR  <b>7pm Movie-Open Range-Aud</b>  </p>	<p><b>19</b>                  11am Val's Fitness-Aud                  12pm Val's Balance-Aud                  12pm Episcopal Service-Ch                  12:45pm Ball w/ Lorraine  <b>12:45pm Fitness Room Intro w/ Val- FR</b>                  1-3pm Knitting/Crocheting-CC                  1:30pm Lorraine's Sit &amp; Fit-Aud                  2pm Hand Exercise-CC                  2pm Village Ringers-Ch  <b>3pm Healthy Living for Your Brain &amp; Body-Aud</b>  <b>3:30pm-6pm Girl Scout Cookie Sale-Rotunda</b>                  7pm Pinochle &amp; Bridge-CR  <b>7pm Music with Capitaland Chorus-Aud</b></p>	<p><b>20</b>                  10am Val's Drumfit-Aud                  10:25am Val's Low Impact -Aud                  10:30am Brian's Water Aerobics                  11am Val's Sit/Stand Yoga-Aud                  11am Rosary-Ch                  12pm Chair Volleyball-Aud                  1pm Bible Study-CR                  1:30pm Brian's Fitness-Aud                  2:15pm Catholic Service/Prayer w/ St. Mary's-Ch  <del>NO 3pm Choraliers-Ch</del>  <b>3pm Food Forum w/ Danielle-Aud</b>                  7pm All Games-CR  <b>7pm Game Night-Battle of The Sexes-Aud</b></p>	<p><b>21 POOL CLOSSES AT 12:30PM</b>                  11am Ball w/ Lorraine-Aud  <b>12pm Great Courses-The Great Depression &amp; The New Deal-Aud</b>                  12pm Lorraine's Hand Class-CC                  1pm Bridge-CR                  1:30pm Lorraine's Sit &amp; Fit -Aud                  2:15pm Wii Bowling-Aud                  7pm All Games-CR  <b>7pm Movie-The Six Triple Eight-Aud</b>    </p>	<p><b>22</b>                    7pm All Games-CR  </p>
<p><b>23</b>                  10:30am Christian Non-Denominational Worship with Communion Pastor Singh                  2pm Resident Bingo-CR  </p>	<p><b>24</b>                  9:30am Val's Water Aerobics                  10:30am Great Decisions-U.S &amp; China Relations-CDR                  11am Val's Fitness-Aud                  12pm Chair Volleyball-Aud                  1pm Diamond Art-CC                  1pm Val's Balance-Aud                  1:30pm Canasta-CR                  2pm Mind Fitness-CC                  7pm All Games-CR  <b>7pm Presentation-Dr. Mindy on Mercury-Aud</b></p>	<p><b>25</b>  <b>11am Great Courses-WWII &amp; Black Athletes Break Barriers-Aud</b>                  12:30pm Brian's Water Aerobics                  1-3pm Sewing Together-CC                  1:30pm Brian's Fitness-Aud                  2pm Rummikub-CR                  2pm Catholic Mass w/ St. Edward's-Ch                  2:30pm Cornhole-Aud                  7pm All Games-CR  <b>7pm Movie-Conclave-Aud</b>    </p>	<p><b>26 No Chaperone Swim</b>  <b>10:45am Parashat Hashuva-Ch</b>                  11am Val's Fitness-Aud                  12pm Val's Balance-Aud                  12pm Episcopal Service-Ch                  12:45pm Ball w/ Lorraine-Aud                  1-3pm Knitting/Crocheting-CC                  1:30pm Lorraine's Sit and Fit-Aud                  2pm Hand Exercise-CC                  2pm Village Ringers-Ch                  7pm Pinochle &amp; Bridge-CR  <b>7pm Music with Back Porch Players-Aud</b></p>	<p><b>27</b>                  10am Val's Drumfit-Aud                  10:25am Val's Low Impact Aerobics-Aud                  10:30am Brian's Water Aerobics                  11am Val's Sit/Stand Yoga-Aud                  11am Rosary-Ch                  12pm Chair Volleyball-Aud                  1pm Bible Study-CR                  1:30pm Brian's Fitness-Aud                  1:30pm Dining Committee-CR  <del>NO 3pm Choraliers-Ch</del>                  7pm All Games-CR  </p>	<p><b>28 No Chaperone Swim</b>  <b>10am Tech Time w/ Jim-CC</b>  <b>11am Executive Council-CR</b>                  11am Ball w/ Lorraine-Aud  <b>11am Shabbat w/ Rabbi Amiel-Ch</b>                  12pm Lorraine's Hand Class-CC                  1pm Bridge-CR                  1:30pm Lorraine's Sit &amp; Fit-Aud                  2:15pm Wii Bowling-Aud                  7pm All Games-CR  <b>7pm Documentary-The Greatest Night in Pop-Aud</b>  </p>	<p></p>