# Breakfast Menu

#### **Eggs & Omelets**

Single Egg - \$0.75 Scrambled, over easy, over medium, over hard, or fried

Fried Egg Sandwich - \$2.25 Fried egg & cheese on your choice of toast

Steak & Eggs - \$6.25 2 Eggs and shaved Steak with peppers & onions

Bacon, Egg, & Tomato Wrap - \$4.00 Scrambled eggs & fresh sliced tomato served in a warm tortilla

Breakfast Bowl - \$6.25 5 Grains, avocado, spinach, pesto, & an over easy egg

Avocado Toast - \$3.50 Sliced avocado with tomato & everything seasoning

Cheese Omelet - \$2.50 2 egg omelet with cheese of your choice

Western Omelet - \$4.00 2 egg omelet with ham, peppers, onions, and cheddarjack cheese

Feta & Tomato Omelet - \$2.75 2 egg omelet with feta cheese & fresh sliced tomato

Mushroom & Swiss Omelet - \$2.75 2 egg omelet with mushrooms and Swiss cheese

Vegetable Egg White Omelet – \$7.75 3 egg white omelet with baby spinach, peppers, onions, tomato, and cheese of your choice

## Griddle Breakfast

Pancakes - \$2.00 2 fluffy pancakes, served with butter & syrup

French Toast - \$2.75 2 slices, your choice of bread, served with butter & syrup

## Sides

2 Crispy Bacon Strips - \$1.25 Sausage Patty - \$1.50 Hash Brown Patty - \$1.25 Potato & Red Quinoa Hash - \$1.75 Bagel with butter - \$1.50 Bagel with Cream Cheese - \$2.00 Toast - \$1.75 2 slices of white, wheatberry, marble, or gluten free; served with butter Naan Flatbread (2) - \$1.50 English Muffin with butter - \$1.75 Add orange marmalade +\$0.25 Kaiser Roll with butter - \$1.50 Hand Fruit - \$0.75 Fresh Mixed Fruit - \$2.00 Apple Sauce or Cottage Cheese Cup - \$1.00 Sliced Avocado - \$1.50

## Greek Yogurt Parfaít

**With Fruit & Granola\$3.00** Perfect for a light breakfast or

as a healthy side

## Drinks

Coffee - \$2.00 (free refills) Hot Tea - \$2.00 (free refills) Hot Chocolate - \$2.00 Cappuccino - \$2.25 Juice – small \$1.50 or large \$2.00 Cranberry, Orange, Apple, or Tomato Milk – small \$1.50 or large \$2.00 Whole, Skim, or Lactaid

# Lunch Menu

## <u>Classic Deli Sandwich</u>

Choice of white, wheatberry, marble, or gluten free choice of lettuce, tomato, and onion mayonnaise, guldens mustard, or 1000 islands

Turkey, Ham, or Liverwurst - \$4.25

House Roast Specialty Turkey Sandwich - \$4.50 Ask your server for today's offering

**Tuna - \$5.00** White Albacore Tuna

**Soft Salad Sandwich - \$3.00** Ask your server for today's offering

**Mediterranean Veggie -\$3.75** Hummus, Baby Spinach, Slice Tomato, Red Onions, Feta Cheese

#### Hot Sandwiches

Choice of white, wheatberry, marble, or gluten free

**Grilled Cheese - \$3.00** With your choice of cheese

**BLT - \$4.50** Served on your choice of toast with mayonnaise

**Turkey Club - \$7.50** Served on three slices of toast with bacon and mayonnaise

**Grilled Chicken - \$4.75** Served thinly sliced with lettuce, tomato, & red onion on your choice of specialty bread

Shaved Steak - \$8.25 Served on a mini hoagie roll with peppers, onions, and cheese

**Turkey Reuben - \$6.00** Marble, Swiss cheese, sauerkraut, & 1000 Islands

#### <u>Wraps</u>

Honey wheat, pesto-herb, or jalapeno-cheddar

BBQ Crispy Chicken - \$5.25 With cheddar-jack cheese, lettuce, & tomato

**Chipotle Chicken & Avocado - \$6.50** Grilled Chicken, lettuce, tomato, & chipotle pesto

**Turkey, Bacon, & Cheddar - \$7.00** With lettuce, tomato, & ranch

**Steak Burrito - \$8.50** Shaved steak, 5 Grain Rice, Cheddar Cheese, & Salsa

#### **Burgers**

Substitute Turkey or Black Bean Veggie Burger

**Classic Hamburger - \$4.75** Served with lettuce, tomato, & red onion Add Cheese for +\$1.00 Or Bacon for +\$1.25

Mushroom, Swiss, & Sweet Onion Burger - \$5.75 Served with baby spinach

**Cowboy Burger - \$7.25** BBQ, Bacon, Cheddar, & an Onion Ring

**Chipotle Burger - \$7.50** Cheddar, Tomato, Avocado, & Chipotle Pesto

Add a síde to your order, líke a cup of our daíly chef made soup

(flíp menu for options)

## 5 Grain Bowls

**Mediterranean Grilled Chicken - \$7.75** Hummus, Baby Spinach, Diced Tomato, Feta Cheese

**California Grilled Chicken \$7.75** Baby Spinach, Diced Tomato, Sliced Avocado, & Balsamic Reduction Drizzle

**Pesto Caesar Salad - \$7.75** Lettuce, Shaved Parmesan Cheese, & Grilled Flatbread

Vegetable - \$6.25 Hummus, Baby Spinach, Diced Tomato, Sautéed Peppers, & Onions, & Sliced Avocado

# Lunch Sides

Daily Chef made Soup Cup -\$1.00 or Bowl - \$2.00 Bistro House Salad - \$3.00 French Fries - \$2.00 Onion Rings - \$2.00 Mini Bag of Cape Cod Kettle Chips - \$1.00 Mini Bag of Vegetable Chips - \$2.00 Coleslaw - \$1.00 Parfait with Fruit, & Granola - \$3.00 Hand Fruit - \$0.75 Apple, Banana, or Orange Fresh Mixed Fruit - \$2.00 Apple Sauce Cup - \$1.00 Cottage Cheese Cup - \$1.00 Sliced Avocado - \$1.50 Sautéed Onion, Pepper, or Mushroom - \$0.50

> Ask your Server for today's Specíals

# <u>Offerings</u>

Classic All Beef Grilled Hot Dog - \$3.00 Served on a warm bun Add sauerkraut for +\$0.50

**Chicken Tenders - \$3.00** Three golden all white meat chicken tenders

**Crispy Battered Fish Fry - \$5.00** Served with choice of cocktail or tartar sauce

**Cheese Quesadilla - \$3.75** With cheddar-jack cheese and a side of salsa

#### Specialty Bread - \$1.50

Naan Flatbread (2), Kaiser Roll, Mini Hoagie Roll, Classic Hamburger Bun, Hot Dog Bun, or Wraps Honey wheat, pesto-herb, or jalapeno-cheddar

#### Cheeses - \$1.00 each

American, Swiss, Cheddar-jack, Feta, Shaved Parmesan Cheese

#### **Condiments** - included with purchase

Mayonnaise, Guldens Mustard, 1000 Islands, Ranch Dressing, BBQ Sauce

#### Specialty Condiments +\$0.50

Salsa, Basil Pesto, Chipotle Pesto, Hummus, Balsamic Reduction Drizzle, Caesar Dressing

## <u>Drinks</u>

Coffee or Hot Tea- \$2.00 (free refills) Hot Chocolate or Cappuccino - \$2.25 Fountain Drinks - \$2.00 (free refills) Pepsi, Diet Pepsi, Ginger Ale, Sierra Mist, Pink Lemonade, Unsweetened Ice Tea Juice – small \$1.50 or large \$2.00 Cranberry, Orange, Apple, or Tomato Milk – small \$1.50 or larger \$2.00

Whole, Skim, or Lactaid